

THEATRE WORKOUT™ LTD

The centre for education in London's West End

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ONE-WEEK THEATRE DRAMA AND EXCURSION PACKAGE PRICES VARY DEPENDING ON EXCURSIONS BOOKED

Day \ Time	Morning			Afternoon / evening
Sunday	Arrival, coach transfer to accommodation, early check in Light lunch at hotel			Meeting with local rep, familiarisation tour of local area. Evening meal at hotel
Monday	Welcome and introduction to the course Actor warm-up – voice and speech, games Introduction to Acting techniques		es	Packed lunch River boat cruise Embankment to Greenwich Royal Museums Greenwich – Cutty Sark and National Maritime Museum Evening meal in Greenwich, return ferry
Tuesday	Vocal and physical warmup Physical theatre, clowning and devising workshop		Rehearsals in two groups	Packed lunch Natural History Museum or Science Museum – Kensington Evening meal Evening theatre performance
Wednesday	Introduction to musical theatre with songs and choreography from West End shows, such as Matilda, Wicked, Chicago, Shrek, or Hairspray		Rehearsals in two groups	Packed lunch National Gallery or Tate Modern Pre-theatre meal
Thursday	Introduction to Stage Combat with choreography, character development, and scene studies		Rehearsals in two groups	Packed Lunch Tower of London Evening meal at Café Rouge or similar Evening theatre performance
Friday	Whole group physical and vocal warm up	Group Rehearsal and notes		Packed lunch London Eye
		Performanc	ce in a theatre space	London Aquarium Evening meal at hotel
Saturday	Check out of hotel Coach transfer to airport			