

THEATRE WORKOUT™ LTD

The centre for education in London's West End

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Day \ Time	10.00-11.00	11.00-12.00	12.00-13.00	13.00-14.00	14.00-15.00	15.00-16.00	16.00-17.00
Monday	Welcome and introduction	Introduction to Acting		Lunch	Visit Natural History Museum		
Tuesday	Introduction to physical theatre			Lunch	Visit Science Museum		
Wednesday	Introduction to Shakespeare			Lunch	Visit Shakespeare's Globe exhibition		
		Eve	ening theatre perform	mance and pre-th	eatre meal		
Thursday	Introduction to improvisation and devising			Lunch	London sightseeing tour		
Friday	Character development – Stanislavsky acting techniques			Lunch	Group rehearsal		
Saturday	Introduction to Musical Theatre: acting through song			Lunch	Group rehearsal and sharing of work to date		
Sunday	Free time – students may opt for museum Sunday markets, shopping centres, etc						
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	Physical and vocal warmup		theatre – image	or museum Sunda		ng centres, etc reating choreography	
Monday Tuesday	Physical and vocal warmup Masterclass: The trip	Group devising theatre and imp	theatre – image provisation			reating choreography	
Monday	warmup	Group devising theatre and imp le threat – acting	theatre – image provisation	Lunch Lunch	Masterclass: C Masterclass: C	reating choreography	
Monday	warmup	Group devising theatre and imp le threat – acting	y theatre – image provisation , singing and dance	Lunch Lunch	Masterclass: C Masterclass: C	reating choreography	ye
Monday Tuesday	warmup Masterclass: The trip	Group devising theatre and imp le threat – acting Eve	y theatre – image provisation , singing and dance	Lunch Lunch nance and pre-th	Masterclass: C Masterclass: C	reating choreography lowning quarium and London E o rehearsal	ye